

MMDA's 31st Annual Conference



The Future of PALTC: Adapting to a Changing Landscape

Nov. 16, 2024

Hebrew Home of Greater Washington / Smith Kogod Building

6105 Montrose Road | Rockville, MD 20852 | Phone: (301) 770-8366

MMDA is the regional affiliate chapter of AMDA – The Society for Post-Acute and Long-Term Care Medicine, supporting medical directors, physicians, nurse practitioners, and other clinicians practicing in the post-acute and long-term care continuum in Maryland, Delaware, and DC. MMDA provides education, advocacy, information, and professional development for its members.



Register online today and pay with a credit card by visiting www.midatlanticmda.org.

Joint Provided by MMDA – The Mid-Atlantic Society for Post-Acute and Long-Term Care Medicine and AMDA – The Society for Post-Acute and Long-Term Care Medicine

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7:30-8:30 am	Registration – Continental Breakfast with the Sponsors and Exhibitors
8:30-8:35 am	Welcome: Damien Doyle, MD, CMD – President, MMDA; and Elisa Gil-Pires, MD, FACP, CMD – Executive Vice President Medical Affairs, Charles E. Smith Life Communities; Treasurer, MMDA
8:35-9:35 am	Session #1 – <i>Legislative, Public Policy, and Regulatory Updates</i> Alex Bardakh, MPP, CAE ; Senior Director, Advocacy and Strategic Partnerships PALTmed Heather Reed, RN , Deputy Director, Long Term Care; Maryland Dept. of Health Care Quality Moderator: Damien Doyle, MD, CMD
9:35-10:35 am	Session #2 – <i>Strategies for Defending Pressure Wound and Fall Injury Cases</i> Jessica Ayd, Esq. ; Partner, Goodell, DeVries, Leech & Dann, LLP Moderator: Fatima Sheikh, MD, CMD
10:35-11 am	Visit the Sponsors and Exhibitors
11 am-12 pm	Session #3 – <i>Exploring PALTC Conundrums: Roundtable Discussions</i> Facilitators: Cecilia Cai, MD, CMD ; Elisa Gil-Pires, MD, CMD ; Cynthia Kuttner, MD, CMD ; and Fatima Naqvi, MD, CMD Moderator: Fatima Naqvi, MD, CMD
12-1:15 pm	Exhibit Time/Lunch Annual Business Meeting – Damien Doyle, MD, CMD ; President, MMDA Elections and Presentation of Awards
1:15-2:15 pm	Session #4 – <i>Literature Review: Evidence-Based Medicine for Disease Management and Treatment</i> Ameera Chakravarthy, PhD, RN, ACNP-BC, FNP-BC, CNE ; Assistant Professor, AGACNP-AGCNS-DNP Program, Specialty Director, University of Maryland School of Nursing Shahd Elazrag, MD ; Geriatric Fellow, GW Salman Khan, MBBS ; Fellow Geriatric Medicine, GW Hospital Moderator: Michelle Bellantoni, MD, CMD
2:15-2:30 pm	Break with the Sponsors and Exhibitors
2:30-3:30 pm	Session #5 – <i>A Different View and Approach on Reducing Burnout</i> Stefan David, MD, CMD ; Geriatrician, Veterans Affairs Geriatrics and Extended Care, Baltimore Moderator: Cynthia Kuttner, MD, CMD
3:30-4:30 pm	Session #6 – <i>Oh My Sciatica! Clinical Assessment & Management of Back Pain</i> Dominique L. Vinh, MD, FACP ; Adjunct Assistant Professor, Department of PM&R, Johns Hopkins SOM Moderator: Tania A. Alchalabi, MD
4:30-5 pm	Session #7 – <i>Pain Management in PALTC</i> Barbara Resnick, PhD, RN, CRNP, FAAN, FAANP ; Professor, Organizational Systems and Adult Health; Associate Dean for Research, Office of the Dean; Co-Director, Postdoctoral Program, Research and Scholarship; Distinguished University Professor, University Maryland, Baltimore; Sonya Ziporkin Gershowitz Chair in Gerontology, University of Maryland School of Nursing Moderator: Stefan David, MD, CMD
5-5:30 pm	Session #8 – <i>Building Palliative Care Capacity in Nursing Homes</i> Joan Carpenter, PhD, CRNP, ACHPN, FPCN ; Associate Professor, Organizational Systems and Adult Health, University of Maryland School of Nursing Moderator: Karen Cousins, DO, CMD
5:30 pm	Closing Remarks • Door Prizes • Adjourn Speakers and topics are subject to change without notice.



Annual Conference Description

This program is designed to provide a review and update of major geriatric diseases, illnesses, and risks found in nursing home patients, residents of assisted living facilities, those under hospice care, and seniors living at home. Topics covered this year include: Clinical Assessment & Management of Back Pain • Legislative, Public Policy, and Regulatory Updates • Literature Review • Litigation Risks in PALTC • Pain Management • PALTC Conundrums: Roundtable Discussions • Palliative Care Capacity • Reducing Burnout

Target Audience

This conference is designed to educate physicians, medical directors, advanced practice nurses, physician assistants, directors of nursing, registered nurses, long-term care administrators, and other disciplines in PALTC. The faculty includes national and regional authorities in the fields of post-acute, and long-term care medicine, medical direction, senior care pharmacology, and geriatric medicine.

Annual Conference Objectives

Upon completion of MMDA's 31st Annual Conference, participants should be able to:

1. Discuss the professional challenges facing medical directors, attending physicians, advanced practice nurses, physician assistants, directors of nursing, and administrators practicing in the continuum.
2. Describe the advances in theoretical and clinical knowledge impacting individuals affected by medical issues in the PALTC continuum.
3. Describe examples of evidence-based practice and multidisciplinary approaches to enhance outcomes in various health care settings.
4. List examples of evidence-based practice as it pertains to post-acute and long-term care medicine.



2024 MMDA CONFERENCE — CREDIT INFORMATION & CREDIT CLAIM CONTINUING MEDICAL EDUCATION FOR PHYSICIANS (MDs and DOs), PHYSICIAN ASSISTANTS, AND ADVANCED PRACTICE NURSES

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Post-Acute and Long-Term Care Medical Association and MMDA – The Mid-Atlantic Society for Post-Acute and Long-Term Care Medicine. Post-Acute and Long-Term Care Medical Association is accredited by the ACCME to provide continuing medical education for physicians.

AMA PRA Category 1 Credit™ Designation

Post-Acute and Long-Term Care Medical Association designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABPLM CMD Credit

This live activity has been pre-approved by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for a total of 4.0 management hours and 3.0 clinical hours toward certification or recertification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the ABPLM. Each physician should claim only those hours of credit actually spent on the activity.

American Osteopathic Association Credit: AOA recognizes this activity for AMA PRA Category 1 Credit™ as AOA Category 2 Credit.

Physician Assistants and Nurse Practitioners: These credits have been designated as AMA PRA Category 1 Credits™ by an ACCME-accredited organization and are applicable to these certifications. This program has NOT been submitted to or approved by an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC) or the American Association of Nurse Practitioners (AANP).

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Early-Bird DEADLINE is Oct. 31, 2024

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CONFERENCE REGISTRATION

I am a: _____ Physician _____ Medical Student
(Please check one) _____ Nurse Practitioner _____ Medical Resident
_____ Nurse _____ Fellow
_____ Physician's Assistant _____ Administrator/Admin. Staff
_____ Other Health Professional: _____

Name: _____ Credentials: _____ Phone: _____

Street: _____ State: _____ ZIP: _____

Email: _____ Fax: _____

By checking this box, I consent to have MMDA share my contact information with conference exhibitors and sponsors. MMDA relies on exhibitors and sponsors to help support the organization. We hope that you will opt-in to sharing your contact information with our supporters as they promote their presence at MMDA's 31st Annual Conference.

Early-Bird Registration Fees (Until Oct. 31)

MMDA Members..... **\$199**

Non-Members..... **\$229**

Post-Early-Bird Registration Fees (Starting Nov. 1)

MMDA Members..... **\$219**

Non-Members..... **\$249**

Students, Residents & Fellows – **No Fee**

I am Renewing/Joining MMDA – 1-Year Membership

GENERAL MEMBER: Physicians, NPs, and PAs in practice – **\$150**

AFFILIATE: Nurse, DON, DDS, CNS, PharmD, DPM, and trainees in all disciplines – **\$75**

EMERITUS – **\$40** (Retired)

Students, Residents & Fellows – **No Fee**

Total fees and/or dues enclosed: \$ _____

Payment by check enclosed Payment submitted online www.midatlanticmda.org Payment by credit card below

Visa

Name on Card: _____

MasterCard

Card Number: _____

American Express

Expiration: _____ Security Code (3 or 4 digits): _____

Billing Address ZIP Code: _____ Phone: _____

Email: _____ Fax: _____

Cardholder's Signature: _____ Date: _____

Please Help Us Better Process Your Registration: 1. Yes, I would like to make a special meal request and we will try to accommodate you. Contact Shane Bellotti at sbellotti@corecare.net. 2. Yes, I am a 1st-time attendee. 3. **NOTE:** Due to space limitations, planned conference meals are provided only to registrants.

Make payments payable to MMDA and mail to: MMDA, c/o Corecare Associates

3123 Breakwater Court, West Palm Beach, FL 33411 • Phone: (561) 689-6321; Fax: (561) 689-6324; Email: mmdawebsite@gmail.com

CANCELLATION POLICY: All registration cancellations must be made in writing to MMDA. Notices should be emailed to: mmdawebsite@gmail.com or faxed to (561) 689-6324, Attention: Registrar. Cancellations received by **Oct. 18, 2024**, will receive a refund less a \$50 administrative fee. Cancellations received after **Oct. 25, 2024**, will be refunded one-half of the registration fee using the same method they were paid. Please allow 2 to 3 weeks for refund if payment was made by check. Cancellations after **Nov. 1, 2024**, will result in the forfeiture of all registration fees. If you do not attend, you forfeit all registration fees. Partial or full registration fees that have been forfeited will not be applied to subsequent meetings and events. Absolutely no exceptions will be made to the cancellation policy.