

MMDA's 31st Annual Conference



The Future of PALTC: Adapting to a Changing Landscape

Nov. 16, 2024

Hebrew Home of Greater Washington / Smith Kogod Building

6105 Montrose Road | Rockville, MD 20852 | Phone: (301) 770-8366

MMDA is the regional affiliate chapter of AMDA – The Society for Post-Acute and Long-Term Care Medicine, supporting medical directors, physicians, nurse practitioners, and other clinicians practicing in the post-acute and long-term care continuum in Maryland, Delaware, and DC. MMDA provides education, advocacy, information, and professional development for its members.



Register online today and pay with a credit card by visiting www.midatlanticmda.org.

Joint Provided by MMDA – The Mid-Atlantic Society for Post-Acute and Long-Term Care Medicine and AMDA – The Society for Post-Acute and Long-Term Care Medicine

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- 7:30-8:30 am **Registration – Continental Breakfast with the Sponsors and Exhibitors**
- 8:30-8:35 am **Welcome:** **Damien Doyle, MD, CMD** – President, MMDA; and **Elisa Gil-Pires, MD, FACP, CMD** – Executive Vice President Medical Affairs, Charles E. Smith Life Communities; Treasurer, MMDA
- 8:35-9:35 am **Session #1 – *Legislative, Public Policy, and Regulatory Updates***
Alex Bardakh, MPP, CAE; Senior Director, Advocacy and Strategic Partnerships PALTmed
Heather Reed, RN, Deputy Director, Long Term Care; Maryland Dept. of Health Care Quality
Moderator: Damien Doyle, MD, CMD
- 9:35-10:35 am **Session #2 – *Strategies for Defending Pressure Wound and Fall Injury Cases***
Jessica Ayd, Esq.; Partner, Goodell, DeVries, Leech & Dann, LLP
Moderator: Fatima Sheikh, MD, CMD
- 10:35-11 am **Visit the Sponsors and Exhibitors**
- 11 am-12 pm **Session #3 – *Exploring PALTC Conundrums: Roundtable Discussions***
Facilitators: **Cecilia Cai, MD, CMD**; **Elisa Gil-Pires, MD, CMD**; **Cynthia Kuttner, MD, CMD**; and **Fatima Naqvi, MD, CMD**
Moderator: Fatima Naqvi, MD, CMD
- 12-1:15 pm **Exhibit Time/Lunch**
Annual Business Meeting – Damien Doyle, MD, CMD; President, MMDA
Elections and Presentation of Awards
- 1:15-2:15 pm **Session #4 – *Literature Review: Evidence-Based Medicine for Disease Management and Treatment***
Ameera Chakravarthy, PhD, RN, ACNP-BC, FNP-BC, CNE; Assistant Professor, AGACNP-AGCNS-DNP Program, Specialty Director, University of Maryland School of Nursing
Shahd Elazrag, MD; Geriatric Fellow, GW
Salman Khan, MBBS; Fellow Geriatric Medicine, GW Hospital
Moderator: Michelle Bellantoni, MD, CMD
- 2:15-2:30 pm **Break with the Sponsors and Exhibitors**
- 2:30-3:30 pm **Session #5 – *A Different View and Approach on Reducing Burnout***
Stefan David, MD, CMD; Geriatrician, Veterans Affairs Geriatrics and Extended Care, Baltimore
Moderator: Cynthia Kuttner, MD, CMD
- 3:30-4:30 pm **Session #6 – *Oh My Sciatica! Clinical Assessment & Management of Back Pain***
Dominique L. Vinh, MD, FACP; Adjunct Assistant Professor, Department of PM&R, Johns Hopkins SOM
Moderator: Tania A. Alchalabi, MD
- 4:30-5 pm **Session #7 – *Pain Management in PALTC***
Barbara Resnick, PhD, RN, CRNP, FAAN, FAANP; Professor, Organizational Systems and Adult Health; Associate Dean for Research, Office of the Dean; Co-Director, Postdoctoral Program, Research and Scholarship; Distinguished University Professor, University Maryland, Baltimore; Sonya Ziporkin Gershowitz Chair in Gerontology, University of Maryland School of Nursing
Moderator: Stefan David, MD, CMD
- 5-5:30 pm **Session #8 – *Building Palliative Care Capacity in Nursing Homes***
Joan Carpenter, PhD, CRNP, ACHPN, FPCN; Associate Professor, Organizational Systems and Adult Health, University of Maryland School of Nursing
Moderator: Karen Cousins, DO, CMD
- 5:30 pm **Closing Remarks • Door Prizes • Adjourn**
Speakers and topics are subject to change without notice.



Annual Conference Description

This program is designed to provide a review and update of major geriatric diseases, illnesses, and risks found in nursing home patients, residents of assisted living facilities, those under hospice care, and seniors living at home. Topics covered this year include: Clinical Assessment & Management of Back Pain • Legislative, Public Policy, and Regulatory Updates • Literature Review • Litigation Risks in PALTC • Pain Management • PALTC Conundrums: Roundtable Discussions • Palliative Care Capacity • Reducing Burnout

Target Audience

This conference is designed to educate physicians, medical directors, advanced practice nurses, physician assistants, directors of nursing, registered nurses, long-term care administrators, and other disciplines in PALTC. The faculty includes national and regional authorities in the fields of post-acute, and long-term care medicine, medical direction, senior care pharmacology, and geriatric medicine.

Annual Conference Objectives

Upon completion of MMDA's 31st Annual Conference, participants should be able to:

1. Discuss the professional challenges facing medical directors, attending physicians, advanced practice nurses, physician assistants, directors of nursing, and administrators practicing in the continuum.
2. Describe the advances in theoretical and clinical knowledge impacting individuals affected by medical issues in the PALTC continuum.
3. Describe examples of evidence-based practice and multidisciplinary approaches to enhance outcomes in various health care settings.
4. List examples of evidence-based practice as it pertains to post-acute and long-term care medicine.



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Early-Bird DEADLINE is Oct. 31, 2024

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Nov. 16, 2024



CONFERENCE REGISTRATION

I am a: _____ Physician _____ Medical Student
(Please check one) _____ Nurse Practitioner _____ Medical Resident
_____ Nurse _____ Fellow
_____ Physician's Assistant _____ Administrator/Admin. Staff
_____ Other Health Professional: _____

Name: _____ Credentials: _____ Phone: _____

Street: _____ State: _____ ZIP: _____

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By checking this box, I consent to have MMDA share my contact information with conference exhibitors and sponsors. MMDA relies on exhibitors and sponsors to help support the organization. We hope that you will opt-in to sharing your contact information with our supporters as they promote their presence at MMDA's 31st Annual Conference.

Early-Bird Registration Fees (Until Oct. 31)

MMDA Members..... **\$199**

Non-Members..... **\$229**

Post-Early-Bird Registration Fees (Starting Nov. 1)

MMDA Members..... **\$219**

Non-Members..... **\$249**

Students, Residents & Fellows – **No Fee**

I am Renewing/Joining MMDA – 1-Year Membership

GENERAL MEMBER: Physicians, NPs, and PAs in practice – **\$150**

AFFILIATE: Nurse, DON, DDS, CNS, PharmD, DPM, and trainees in all disciplines – **\$75**

EMERITUS – **\$40** (Retired)

Students, Residents & Fellows – **No Fee**

Total fees and/or dues enclosed: \$ _____

Payment by check enclosed Payment submitted online www.midatlanticmda.org Payment by credit card below

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Please Help Us Better Process Your Registration: 1. Yes, I would like to make a special meal request and we will try to accommodate you. Contact Shane Bellotti at sbellotti@corecare.net. 2. Yes, I am a 1st-time attendee. 3. **NOTE:** Due to space limitations, planned conference meals are provided only to registrants.

Make payments payable to MMDA and mail to: MMDA, c/o Corecare Associates

3123 Breakwater Court, West Palm Beach, FL 33411 • Phone: (561) 689-6321; Fax: (561) 689-6324; Email: mmdawebsite@gmail.com

CANCELLATION POLICY: All registration cancellations must be made in writing to MMDA. Notices should be emailed to: mmdawebsite@gmail.com or faxed to (561) 689-6324, Attention: Registrar. Cancellations received by **Oct. 18, 2024**, will receive a refund less a \$50 administrative fee. Cancellations received after **Oct. 25, 2024**, will be refunded one-half of the registration fee using the same method they were paid. Please allow 2 to 3 weeks for refund if payment was made by check. Cancellations after **Nov. 1, 2024**, will result in the forfeiture of all registration fees. If you do not attend, you forfeit all registration fees. Partial or full registration fees that have been forfeited will not be applied to subsequent meetings and events. Absolutely no exceptions will be made to the cancellation policy.