

2023 MMDA Conference Guide

MMDA's 30th Anniversary Conference

MMDA: 30 and Rising in Support of PALTC
Nov. 4, 2023

Hebrew Home of Greater Washington / Smith Kogod Building
6105 Montrose Road | Rockville, MD 20852 | Phone: (301) 770-8366



MMDA is the regional affiliate chapter of AMDA – The Society for Post-Acute and Long-Term Care Medicine, supporting medical directors, physicians, nurse practitioners, and other clinicians practicing in the post-acute and long-term care continuum in Maryland, Delaware, and DC. MMDA provides education, advocacy, information, and professional development for its members.

Annual Conference Description

This program is designed to provide a review and update of major geriatric diseases, illnesses, and risks found in nursing home patients, residents of assisted living facilities, those under hospice care, and seniors living at home. Topics covered this year include: Addiction Medicine Challenges in PALTC • Common Legal Pitfalls in PALTC • Interdisciplinary Issues in Psychological Care for Patients with Dementia • Interdisciplinary Intervention in Infection Prevention and Control • Legislative and Regulatory Updates • Literature Review • Long-Term Care Meets Emergency Care

Target Audience

This conference is designed to educate physicians, medical directors, advanced practice nurses, senior care pharmacists, consultant pharmacists, physician assistants, directors of nursing, registered nurses, and long-term care administrators. The faculty includes national and regional authorities in the fields of post-acute and long-term care medicine, medical direction, senior care pharmacology, and geriatric medicine.

Annual Conference Objectives

Upon completion of MMDA's 30th Annual Conference, participants should be able to:

1. Discuss the professional challenges facing medical directors, attending physicians, advanced practice nurses, consultant pharmacists, physician assistants, directors of nursing, and administrators practicing in the continuum.
2. Describe the advances in theoretical and clinical knowledge impacting individuals affected by medical issues in the PALTC continuum.
3. Describe examples of evidence-based practice and multidisciplinary approaches to enhance outcomes in various health care settings.
4. List examples of evidence-based practice as it pertains to post-acute and long-term care medicine.

Table of Contents

Accreditation & Online Evaluation Credit Claim Instructions.....	4, 7
MMDA Leadership	5
Conference Agenda	6-7
About Our Speakers.....	8-11
Education Committee Members.....	11-13
MMDA Mission & Vision	13
Annual Business Meeting Agenda.....	14
Minutes from the 2022 Annual Meeting.....	15
2023 Annual Trade Show Sponsors.....	16-17
Learning Objectives.....	22-25
Membership Application	26



To access Wireless Internet
use: **CESLC Guest**
and the password is **shalom1910**

Accreditation

2023 MMDA Conference

MMDA: 30 and Rising in Support of PALTC
November 4, 2023 | Rockville, MD

CREDIT INFORMATION & CREDIT CLAIM

Credit Statements

AMA PRA Category 1 Credits™ (CME) Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AMDA – The Society for Post-Acute and Long-Term Care Medicine and MMDA – The Mid-Atlantic Society for Post-Acute and Long-Term Care Medicine. AMDA – The Society for Post-Acute and Long-Term Care Medicine is accredited by the ACCME to provide continuing medical education for physicians.

AMA PRA Category 1 Credits™ (CME) Designation

AMDA – The Society for Post-Acute and Long-Term Care Medicine designates this live activity for a maximum of 7 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ABPLM CMD Credit

This live activity has been pre-approved by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for a total of 3 management hours and 4 clinical hours toward certification or recertification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the ABPLM. Each physician should claim only those hours of credit actually spent on the activity.

AANP Credit

This activity is approved for 7.25 contact hours of continuing education (which includes 1.50 hours of pharmacology) by the American Association of Nurse Practitioners®. Activity ID# 23106420. This activity was planned in accordance with AANP Accreditation Standards and Policies.

American Osteopathic Association Credit: AOA recognizes this activity for AMA PRA Category 1 Credit™ as AOA Category 2 Credit.

Financial Relationship Disclosures

Speakers are required to provide verbal disclosure prior to each talk. If the learner perceives any bias toward a commercial product or service, please report this to the Society's staff. According to the Society and ACCME policy, all those in a position to control content are required to disclose any relevant financial relationships.

The planners and speakers have no relevant financial relationships.

For additional QR Code instructions, see page 7.

**JOINTLY
PROVIDED BY**



THE SOCIETY
FOR POST-ACUTE AND
LONG-TERM
CARE MEDICINE*



2023 MMDA Leadership



MMDA is the regional affiliate chapter of AMDA – The Society for Post-Acute and Long-Term Care Medicine, supporting medical directors, physicians, nurse practitioners, and other clinicians practicing in the post-acute and long-term care continuum in Maryland, Delaware, and DC. MMDA provides education, advocacy, information, and professional development for its members.

Officers

Damien Doyle, MD, CMD; President
 Michele Bellantoni, MD, CMD; Immediate Past President
 Ravi Passi, MD, CMD; Vice-President
 Fatima Naqvi, MD, CMD; Secretary
 Elisa Gil-Pires, MD, CMD; Treasurer

Directors

Tania Alchalabi, MD
 Stefan David, MD
 Barbara Resnick, PhD, CRNP
 Fatima Sheikh, MD, CMD

2023 Board of Advisors

Harold Bob, MD, CMD
 Vasant Datta, MD, CMD
 Ted Howe, MD, CMD
 Susan Levy, MD, CMD
 John Loomer, MD, CMD
 Jonathan Musher, MD, CMD
 Merlyn Vermury, MD, CMD

Staff

Ian Cordes, MBA, NHA; Administrator
 Shane Bellotti: Director of Operations
 (561) 689-6321

MMDA Committees: 2023-2024

AWARDS

Fatima Naqvi, MD, CMD; Chair
 Victoria Nalls, PhD, GNP-BC, ACHPN
 Ghazala Qadir, MD, CMD
 Stefan David, MD, CMD

EDUCATION

Fatima Sheikh, MD, CMD; Chair
 Stefan David, MD
 Karen Cousins-Brown, DO, CMD
 Elizabeth Phung, DO
 Ron Jeffreys, DO, CMD
 Cecelia Yachuan Cai, MD, CMD
 Tania Alchalabi, MD
 Sadia Baqai, MD

FINANCE

Elisa Gil-Pires, MD, CMD (Treasurer); Chair
 Fatima Naqvi, MD, CMD
 Fatima Sheikh, MD, CMD

MEMBERSHIP

Barbara Resnick, PhD, CRNP; Chair
 Mary McSweeney, PhD, LNHA
 Daniel Z. Mansour, PharmD, BCGP, FASCP, AGSF
 Nancy Rodriguez-Weller, RPh
 Karen Cousins-Brown, DO, CMD

NOMINATING

Michele Bellantoni, MD, CMD; Chair
 Cecelia Cai, MD, CMD
 Jennifer Riedinger, MD, CMD
 David Dunn, MD, CMD
 Scott Haswell, MD

MMDA's 30th Anniversary Conference Agenda

- 7:30 am-8:30 am **Registration** – Coffee and Continental Breakfast with Sponsors
- 8:30-8:35 am **Welcome:** Damien Doyle, MD, CMD – President, MMDA
Elisa Gil-Pires, MD, FACP, CMD – Executive Vice President Medical Affairs
Charles E. Smith Life Communities – Treasurer, MMDA
- 8:35-9:35 am **Session #1 – Literature Review**
Sarah Holmes, PhD, MSW; Assistant Professor, University of Maryland School of Nursing
Sarah Karimi, MD; Hospice & Palliative Medicine Fellow, George Washington University
Pavetri Dwivedi, DO, MPH; Geriatrics Medicine Fellow 23-24, Johns Hopkins Medicine
Moderator: Damien Jay Doyle, MD, FAAFP, CMD; President, MMDA
- 9:35-10:35 am **Session #2 – Common Legal Pitfalls in PALTC**
Janet A. Forero, Esq.; Partner, Goodell DeVries
Craig S. Brodsky, Esq.; Partner, Goodell DeVries
Moderator: Michele Bellantoni, MD, CMD; Immediate Past President, MMDA
- 10:40-11 am **Visit with Exhibitors**
- 11 am-12 pm **Session #3 – Interdisciplinary Intervention in Infection Prevention and Control**
Ronald D. Jeffreys, DO, CMD; Medical Director, Oak Crest, Parkville, MD;
Erickson Health Medical Group
Andrea Brauch, RN; Infection Preventionist; Oak Crest, Parkville, MD
Daryl Hawkins, MSN, RN, CIC; Infection Prevention and Control Senior Specialist,
Office of Antibiotic Resistance & Healthcare Associated Infection Response, Infectious
Disease Epidemiology & Outbreak Response Bureau, Maryland Department of Health
Moderator: Ravi Passi, MD, CMD; Vice President, MMDA
- 12-1:15 pm **Exhibit Time/Lunch**
Annual Business Meeting – Dr. Damien Doyle, President, MMDA
Greetings from AMDA Executive Director – Michelle Zinnert, CAE
Presentation of Awards
- 1:15-2:15 pm **Session #4 – Interdisciplinary Issues in Psychological Care for Patients with Dementia**
A Panel Discussion
Nicole J. Brandt, PharmD, MBA, BCGP, FASCP; Executive Director, The Peter Lamy Center on Drug Therapy and Aging; Professor, Department of Practice, Sciences, and Health Outcomes Research University of Maryland School of Pharmacy
Antonio N. Puente, PhD; Assistant Professor of Psychiatry, George Washington School of Medicine and Health Sciences; Chief Psychologist in the Department of Psychiatry and Behavioral Sciences, George Washington University Medical Faculty Associates
Barbara Resnick, PhD, RN, CRNP, FAAN, FAANP; Professor, Organizational Systems and Adult Health; Associate Dean for Research, Research and Scholarship; Co-Director, Postdoctoral Program, Office of the Academic Deans; Distinguished University Professor, University of Maryland, Baltimore; Sonya Ziporkin Gershowitz Chair in Gerontology, University of Maryland School of Nursing
Moderator: Tania A. Alchalabi, MD; Director, MMDA

MMDA's 30th Anniversary Conference Agenda

2:15-3:15 pm

Session #5 – Long-Term Care Meets Emergency Care

Cecilia Y. Cai, MD, CMD; Medical Director, FutureCare NorthPoint/Pineview;
Attending Physician, FutureCare Homewood

Phillip David Magidson, MD, MPH; Associate Clinical Director, Department of
Emergency Medicine, Johns Hopkins Bayview Medical Center;
Assistant Professor of Emergency Medicine, Johns Hopkins Medicine

Moderator: Elisa Gil-Pires, MD, CMD; Treasurer, MMDA

3:15-3:30 pm

Visit with Exhibitors

3:30-4:30 pm

Session #6 – Legislative and Regulatory Updates

Steven Levenson, MD, CMD; Multi-facility Medical Director; Baltimore, MD

Paul Ballard, Esq.; Asst. Attorney General Office, MD; Health Decisions Policy

Moderator: Fatima Naqvi, MD, CMD; Secretary, MMDA

4:30-5:30 pm

Session # 7 – Addiction Medicine Challenges in PALTC

Jasleen K. Salwan, MD, MPH; Montgomery Family & Internal Medicine Associates,
Silver Springs, MD

Moderator: Fatima Sheikh, MD, CMD; Director and Chair, Education Committee, MMDA

5:30 pm

Closing Remarks/Adjourn

Speakers and topics are subject to change without notice.



To access Wireless Internet
use: **CESLC Guest**
and the password is **shalom1910**

Credit Claim Instructions

To claim credit:
Scan QR Code Below
OR
Visit

<https://apex.paltc.org/course/view.php?id=1633>



- Login with your AMDA Credentials.
If you don't have an AMDA Account, create a free account.
- You must complete the online evaluation process before
you download the Certificate of Attendance.
- Download Certificate.
- Credit will automatically appear on your AMDA Transcript
and be sent to ABPLM if applicable.

About Our Speakers



Paul Ballard, Esq.

Paul Ballard is an assistant attorney general who has been counsel for health decisions policy since 2008. He was on the legislative team that helped write the law and regulations regarding the Maryland Medical Orders for Life-Sustaining Treatment (MOLST) form. He educates health care providers and consumers regarding laws related to health care decisions and advises state regulatory agencies on these issues, primarily the Maryland Office of Health Care Quality. He also staffs the State Advisory Council on Quality Care at the End of Life as the attorney general's designee.

Prior to performing his present duties, Mr. Ballard was counsel to the Office of Health Care Quality from 2004 through 2019. Before that, he was counsel for various health occupation licensing boards, including the Dental, Pharmacy, Physical Therapy, Psychology, Social Work, and Acupuncture boards. He began work as an assistant attorney general in 1989 with the Maryland Department of Transportation. In 2005, he received the Attorney General's Exceptional Service Award.

Mr. Ballard graduated summa cum laude from Morgan State University, where he majored in philosophy. He received a master of arts degree in counseling psychology from Loyola College in Maryland and earned his juris doctor degree from the University of Baltimore School of Law.



Nicole J. Brandt, PharmD, MBA, BCGP, FASCP

Dr. Nicole Brandt is a professor in the Department of Practice, Sciences, and Health Outcomes Research and executive director of the Peter Lamy Center on Drug Therapy and Aging at the University of Maryland School of Pharmacy. She has worked on various interdisciplinary teams across numerous practice settings and is currently leading initiatives to integrate sustainable pharmacist-directed services to help older adults with multiple co-morbidities at the MedStar Center for Successful Aging. Dr. Brandt has been active in promoting optimal care for older adults and has affected this through her educational, clinical, as well as health care policy work on a state, national, and international level.

Andrea Brauch, RN; Infection Preventionist

Andrea Brauch was born and raised in Bremen Germany before moving to Columbia, SC, to pursue her associates degree in nursing at Midlands Technical College. Andrea moved to Maryland in 2008 and started her nursing career in a long-term care facility on a ventilator unit. In 2011, Andrea became the assistant director of nursing for the ventilator unit with the addition of being a part-time IP starting in 2019. In November 2021 Andrea transitioned to Oak Crest and worked as a clinical manager on one of the long-term care neighborhoods before becoming the Infection Preventionist in December 2022.



Craig Brodsky, Esq.

Craig Brodsky, a partner with Goodell DeVries, has provided practical solutions for professionals and organizations in the evolving business environment for 25 years. Craig vigorously defends professionals in malpractice matters, licensing proceedings, healthcare litigation, and products liability litigation. He has been at the forefront of complex legal issues in Maryland, DC, and nationwide.

Craig defends lawyers in disciplinary actions resulting from allegations of professional misconduct and violations of the Rules of Professional Conduct. He provides counsel from the early stages of the investigation by bar counsel all the way through the final Court of Appeals argument. Well versed in the unique challenges confronting attorneys under investigation, Craig brings to his practice a sophisticated understanding of the complex disciplinary process, including key issues, strategies taken by opposing parties, and tactics to mitigate risk throughout the process. He has tried numerous cases against bar counsel in Maryland and has authored and presented on attorney ethics rules and the investigatory process. Craig also authors the monthly Legal Ethics column in The Daily Record.

As a result of his professional malpractice work, Craig is viewed as a leader in resolving disputes between attorneys and their clients and is frequently called upon to provide expert testimony in such disputes. He also provides counsel on fee disputes, partnership matters, and other business issues involving the attorney-client relationship.

In the healthcare arena, Craig represents primarily hospitals and long-term care facilities in medical malpractice litigation as well as physicians in licensing actions. His wide-ranging experience focuses primarily on defending catastrophic injury claims. He also advises and defends healthcare clients in employment, licensing, and ethics matters. Craig is also regional counsel for a national fan manufacturer and defends the company in product liability claims throughout the Mid-Atlantic.

Craig was appointed by Case Western University School of Medicine to serve as a clinical instructor in the master's in anesthesia program and has taught a law and anesthesia course annually since 2015. Craig presents frequently to healthcare providers and attorneys on current developments in the law and medical-legal issues.

About Our Speakers



Cecilia Y. Cai, MD, CMD

Dr. Cecilia Cai is a geriatrician at FutureCare, medical director at FutureCare NorthPoint and Pineview, and attending physician at NorthPoint and Homewood. She completed an internal medicine residency and chief residency in quality improvement and patient safety at Baylor College of Medicine and geriatrics fellowship training at Johns Hopkins. She is also an adjunct faculty at Johns Hopkins and precepts geriatric fellows during their nursing home rotation.



Pavitri Dwivedi, DO, MPH

Dr. Pavitri Dwivedi completed her undergraduate degree in molecular cellular biology with an anthropology minor at the University of Connecticut. She completed her master's of public health at Boston University and worked in Philadelphia as the program manager for the Hepatitis B Foundation. She completed her medical training at West Virginia School of Osteopathic Medicine and family medicine residency at Care Point Health in New Jersey. She has a special interest in geriatrics from a qualitative research and clinical perspective and wants to gain more skills to work as a nursing home director in the future.



Janet Forero, Esq.

Janet Forero is a partner with Goodell DeVries. Her practice is concentrated on the representation of professionals in malpractice claims, including individual healthcare providers, hospitals, long-term care facilities, academic medical centers, mental health providers, and dentists. Janet is responsible for all phases of case management and preparation, and she regularly appears before the Maryland Healthcare Alternative Dispute Resolution Office, Circuit Courts of Maryland, United States District Court for the District of Maryland, and Superior Court of Washington, DC. Janet is also responsible for all phases of appellate practice, including brief preparation and oral argument. She has argued before Maryland's intermediate appellate court, the Court of Special Appeals, and Maryland's highest appellate court, the Court of Appeals.

As part of her practice, Janet is frequently called upon to provide representation to individual healthcare providers before the various medical licensing boards of the State of Maryland. She has appeared before the Maryland Board of Physicians Quality Assurance, Maryland Nursing Board, Maryland Board of Social Worker Examiners, and Maryland Board of Psychologists.



Daryl Hawkins, MSN

Daryl Hawkins is a certified infection preventionist and current multidrug-resistant organisms (MDRO) infection prevention and control lead in the Office of Antibiotic Resistance and Healthcare-Associated Infection Response for the Maryland Department of Health. Ms. Hawkins has been a registered nurse for 17 years and has a master's degree in nursing with a specialty in public health from the University of Florida. She has worked in public health MDRO prevention for three years and is a co-author on Morbidity and Mortality Weekly Report Notes from the Field: Transmission of Pan-resistant and Echinocandin Resistant *C. auris* in Health Care Facilities - Texas and the District of Columbia. She previously worked

for DC Health during the COVID-19 pandemic as the infection prevention lead and created guidance documents for congregate care settings, including long-term care facilities.

In addition to her public health experience, she has clinical experience in solid-organ transplant, intensive care units, and home health clinical infusion. Ms. Hawkins also has many years of experience in nursing education, simulation education, and training of healthcare professionals.



Sarah Holmes, PhD, MSW

Dr. Sarah Holmes is an assistant professor in the Department of Organizational Systems and Adult Health at the University of Maryland School of Nursing. She has a PhD in gerontology from University of Maryland, Baltimore; a master's in social work from The Ohio State University; and a bachelor's in psychology from Miami University. She also completed a post-doctoral fellowship in health services research at University of Maryland School of Pharmacy.

Prior to earning her PhD, she worked at the University of Kentucky Sanders-Brown Center on Aging Alzheimer's Disease Center, where she coordinated research and outreach programs designed to provide clinical services, social support, and educational training related to Alzheimer's disease and related dementias. Dr. Holmes' program of research focuses on improving the care environments in long-term care to optimize the quality of life for residents and persons with dementia living in these settings. She also practices on an interdisciplinary wellness clinic team serving low-income senior housing communities in the Greater Baltimore area to increase access to care and promote the health and well-being of residents. Dr. Holmes is a member of AMDA – The Society for Post-Acute and Long-Term Care Medicine, Mid-Atlantic Medical Directors Association, Gerontological Society of America, and National Association of Social Workers.

About Our Speakers



Ronald Jeffreys, DO, CMD

Dr. Ronald Jeffreys received his bachelor's degree in psychology from the University of Maryland in College Park and his master's degree in neuropsychopharmacology from American University in Washington, DC. He received his degree in osteopathic medicine from Philadelphia College of Osteopathic Medicine, where he also completed an internship in internal medicine. He completed his residency in internal medicine at Franklin Square Hospital Center in Baltimore, attaining the status of chief resident in his third year. Dr. Jeffreys is American Board of Internal Medicine board certified in internal medicine and joined Oak Crest in August 2007.

Dr. Jeffreys is medical director of the Oak Crest continuing care retirement community, Erickson Health Medical Group/ Erickson Living, which has approximately 20 campuses similar to Oak Crest across the country. In his current role, he oversees the onsite medical center for independent residents as well as the various departments at the care center. This includes 350 residents divided among the long-term care units, one skilled facility, one memory assisted living, and four additional floors of assisted-living apartments. As Oak Crest medical director for the Erickson Advantage plan, he facilitated a three-year consistent 5-star rating advantage plan exclusive for Erickson residents.

Recently, Dr. Jeffreys joined the Mid-Atlantic Medical Directors Association, where he is involved on the state level. He sits on the Education Committee, and has been involved in the organization of today's program.



Sarah Karimi, MD

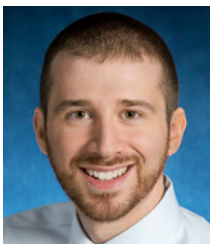
Dr. Sarah Karimi is a hospice and palliative medicine fellow at George Washington Hospital in DC. She is a family medicine physician with a strong interest in caring for older adults. Dr. Karimi received her medical degree from American University of the Caribbean and completed her residency in family medicine at Meharry Medical College, where she was chief resident. She completed a fellowship in geriatric and palliative care at George Washington University. Dr. Karimi has several years of experience treating geriatric patients in a variety of settings in skilled rehab, long-term care, memory support, home visits, and outpatient. She also has experience working in primary and urgent care, treating patients of all ages.



Steven Levenson, MD, CMD

Dr. Steven Levenson has spent 43 years working on-site in long-term and post-acute care settings as a physician and medical director in Maryland. He is widely recognized for his pioneering work in medical direction and efforts to improve geriatrics and long-term care. He has written four books and almost 100 articles. His book, *Medical Direction in Long-term Care*, was the first written about how to be a medical director. He has also authored a major policy handbook for medical directors and the Subacute and Transitional Care Handbook, which is the only comprehensive clinically oriented reference on the topic of post-acute care.

Over the past 37 years, Dr. Levenson has had a major role in developing the American Medical Directors Association (AMDA) and extending its influence. He was the AMDA president from 2006 to 2007. He spent 25 years (1988-2013) as a Centers for Medicare & Medicaid Services (CMS) advisor and consultant, helping develop clinically relevant surveyor guidance and training on most of the Quality-of-Care and many of the Quality-of-Life TAGs. This included CMS' original unnecessary drug guidelines and the original OBRA guidance on psychopharmacological medications and gradual dose reduction guidance, much of which is still used today.



Phillip Magidson, MD, MPH

Dr. Phillip Magidson is an assistant professor of emergency medicine. He works clinically at both The Johns Hopkins Hospital and Johns Hopkins Bayview Medical Center.

Dr. Magidson received his master's of public health in 2009 from George Washington University and graduated from the George Washington University School of Medicine in 2012. He completed the emergency medicine/internal medicine combined residency program at the University of Maryland School of Medicine in 2017 and the fellowship training program in geriatric medicine and gerontology at Johns Hopkins Bayview in 2018. Dr. Magidson practices emergency, internal, and geriatric medicine.



Antonio N. Puente, PhD

Dr. Antonio Puente is a board-certified clinical neuropsychologist and chief psychologist in the Department of Psychiatry and Behavioral Sciences and assistant professor of psychiatry at George Washington Medical Faculty Associates.

He received his doctorate in clinical psychology from the University of Georgia, and completed his clinical internship at Duke University School of Medicine and postdoctoral fellowship in clinical neuropsychology at The Johns Hopkins University School of Medicine. Dr. Puente conducts neuropsychological evaluations of patients with psychiatric and neurological disorders (e.g., Alzheimer's disease, Parkinson's disease, epilepsy, brain tumors, traumatic brain injury, ADHD) to characterize their cognitive, behavioral, and emotional functioning for diagnosis and treatment optimization. He also provides psychotherapy and is a trained

About Our Speakers

cognitive behavioral therapist. In addition to his clinical work, Dr. Puente has developed a program of research focused on the relationship between neuropsychological tests and functioning and is particularly interested in how cultural factors influence this relationship.



Barbara Resnick, PhD, CRNP

Dr. Barbara Resnick obtained her BSN from the University of Connecticut, MSN from the University of Pennsylvania, and PhD from the University of Maryland. She is a professor in the Department of Organizational Systems and Adult Health at the University of Maryland School of Nursing, is the associated dean of research, holds the Sonya Ziporkin Gershowitz Chair in Gerontology, and has over 40 years of clinical experience as a nurse practitioner across all settings of care. Her research program is focused on optimizing function and physical activity among older adults, exploring resilience and genetics on function and physical activity, and testing dissemination and implementation of interventions in real-world settings. This work has been supported by the National Institutes of Health, Agency for Health Care

Quality, and foundations such as the Helen and Leonard Stulman Foundation and the Robert Wood Johnson Foundation.

Dr. Resnick has over 300 published articles, numerous chapters in nursing and medical textbooks, and books on restorative care and resilience. She is editor of Geriatric Nursing and co-editor of the Journal of the American Medical Directors Association, as well as associate editor and editorial board member for numerous other journals. She has held leadership positions in multiple aging and interdisciplinary organizations, including the American Geriatrics Society, Gerontological Society of America, and American Medical Directors Association. She has been recognized for numerous national awards, including the 2017 David H. Solomon Memorial Public Service Award, 2018 Johns Hopkins Leader in Aging Award, 2018 Loretta Ford Award, 2019 Lawton Powell Award, 2020 Dodd Award, and 2022 University of Maryland Distinguished Professor Award and Elkins Professorship.



Jasleen Salwan, MD, MPH, FASAM

Dr. Jasleen Salwan is a board-certified addiction medicine and internal medicine physician practicing integrated primary care and substance use disorder treatment at Montgomery Family & Internal Medicine Associates in Silver Spring, MD. She also serves on the education faculty for the American Society of Addiction Medicine and works as a consultant for the DC Addiction Consultation Service.

Her training includes medical and public health degrees earned at the Icahn School of Medicine at Mount Sinai, followed by the Yale Internal Medicine Primary Care Residency Program and the Johns Hopkins University Addiction Medicine Fellowship.

Education Committee Members

Tania A. Alchalabi, MD

Dr. Tania Alchalabi is an assistant professor of medicine who has been with The GW Medical Faculty Associates since 2013. After her residency in family medicine, she did her geriatrics fellowship at GW and later joined the department as a faculty member.

Her particular interests in geriatrics are memory and post-acute/long-term care. She co-directs the geriatrics outpatient memory clinic, provides mentorship to geriatrics fellows and medical students in outpatient and transitions-of-care arenas, and teaches preclinical courses in the school of medicine. She has published about transitions of care and is an active participant in clinical research about memory disorders.

Sadia Baqai, MD

Dr. Sadia Baqai is a board-certified physician in internal medicine and geriatrics with over 12 years of experience. She specializes in sub-acute care, long-term care, rehabilitation, and internal medicine complexities. As a medical director in multiple facilities, her knowledge of patient care management and administrative functions improves the operations and compliance concerns of these centers.

Dr. Baqai is very well liked by her peers and patients due to her professional conduct, demeanor, and empathy. She works closely with them in understanding their needs and providing practical solutions.

Cecilia Cai, MD, CMD

Dr. Cecilia Cai is a geriatrician at FutureCare, medical director at FutureCare NorthPoint and Pineview, and attending physician at NorthPoint and Homewood. She completed an internal medicine residency and chief residency in quality improvement and patient safety at Baylor College of Medicine and geriatrics fellowship training at Johns Hopkins.

Education Committee Members

Stefan David, MD, CMD

Dr. Stefan David obtained his medical degree in Romania, completed his internal medicine residency at the Greater Baltimore Medical Center, and specialized in geriatrics through the Johns Hopkins geriatric fellowship program. Prior to pursuing clinical training in the U.S., Dr. David performed basic and translational research in neuro-inflammation and neuro-degenerative diseases at the University of Maryland and in cancer genetics and epigenetics at Johns Hopkins. He is employed by Gilchrist, applying his clinical expertise across the continuum of care from office to acute, post-acute, home, and hospice care.

Damien Jay Doyle, MD, FAAFP, CMD

Dr. Damien Doyle is a board-certified family practice and geriatrics physician. He completed his undergraduate and medical school training at the University of Wisconsin – Madison before pursuing a family medicine residency at the University of North Carolina Chapel Hill in Greensboro and a geriatrics fellowship at Wake Forest University in Winston-Salem.

After moving to the Washington, DC, area in 2001, he was in private practice in northern Virginia for several years before moving to the Hebrew Home of Greater Washington in 2003. He directed the outpatient clinics and assisted-living facility at Hebrew Home until 2008, when he became medical director of the Hebrew Home campus. In 2011 he became medical director of Evercare MidAtlantic (now Optum Health), overseeing care of enrollees in over 65 facilities in Maryland, Washington, and Virginia in addition to a large and growing community-based program. In September 2015, he moved to Johns Hopkins HealthCare to help implement and oversee the new Medicare Advantage MD program. In October 2020, Dr. Doyle moved to SignifyHealth as vice president of medical affairs to help oversee an extensive provider network and the largest in-home evaluation model in the U.S. He continues to see geriatrics patients at the Landow House Assisted Living Facility of Hebrew Home.

Dr. Doyle has been involved in numerous advanced care protocols and has served on the regional boards of the American Geriatrics Society and American Medical Directors Association. He has been involved in numerous statewide initiatives, including the governor's task force on health information exchange, Maryland Medical Orders for Life-Sustaining Treatments, and the transitions-of-care initiative. He was a clinical professor of geriatrics at Georgetown University and the George Washington School of Medicine and was actively involved in the training of geriatrics professionals. His main areas of interest include geriatric psychiatry issues, quality-of-life measures, and improvement in transitions-of-care outcomes.

Fatima Naqvi, MD, CMD

Dr. Fatima Naqvi completed her family medicine residency at Wayne State University in Detroit, her geriatric training at SUNY Stony Brook in New York, and her fellowship training in pediatric and geriatric palliative care at Harvard University in Massachusetts. She is a certified Medical Orders for Life-Sustaining Treatment master trainer. Dr. Naqvi served as a regional medical director with Five Star Physicians Services Group before becoming medical director of Holy Cross Hospice and Home Care. She received the Maryland Medical Director of the Year award in 2019. Her passion is advance care planning, person-specific care, and providers' well-being.

Ravi Passi, MD, FACP, CMD

Dr. Ravi Passi is a board-certified physician in internal medicine and has been in practice in Montgomery County, Maryland, since 1985. He trained at DC General and Georgetown University hospitals. A fellow of the American College of Physicians and certified medical director for long-term care, he is a medical director for several nursing homes and assisted-living facilities in Montgomery County and a medical director for care transitions for Adventist Healthcare in Maryland.

Elisa Gil-Pires, MD, CMD

Dr. Elisa Gil-Pires is executive vice president of medical affairs/chief medical officer of Charles E. Smith Life Communities and medical director of the Hebrew Home of Greater Washington, overseeing the healthcare delivered to over 1,000 residents on the CESLC campus. This spans outpatient private geriatric practice, housecall practice, inpatient post-acute rehabilitation, long-term care for over 400 residents, and hospice and palliative care.

Dr. Gil manages a full-time medical staff of five physicians and two nurse practitioners and oversees the healthcare delivered by many consultants and specialists at CESLC. She is very involved with community hospital partners in navigating the future of healthcare delivery and achieving the highest quality and economic outcomes.

She is a certified medical director through AMDA – the Society for Post-Acute and Long-Term Care Medicine as well as a fellow of the American College of Physicians. She is also the site director for the Hospice and Palliative Medicine Fellowship program at the National Institutes of Health and the nurse practitioner certification program at the Catholic University Conway School of Nursing.

Dr. Gil is a member of the executive board of the Mid-Atlantic Medical Directors Association as well as its treasurer.

Education Committee Members

Fatima Sheikh, MD, MPH, CMD; Chair

Dr. Fatima Sheikh is chief medical officer of FutureCare Health and Management and medical director of multiple skilled nursing/long-term care facilities. She was trained at The Johns Hopkins School of Medicine in geriatrics and holds a part-time faculty position as assistant professor within the Division of Geriatric Medicine and Gerontology. She is also a clinician, educator, and researcher in post-acute and long-term care settings. Dr. Sheikh received the Clinician of the Year award from the American Geriatrics Society in 2017.

Her focus is to train learners from The Johns Hopkins School of Medicine and other disciplines about subacute/LTC. She has a deep interest in improving healthcare for the frail and elderly population with special focus on quality of care, end-of-life care, and care transitions. Dr. Sheikh has worked with multiple hospitals in the Baltimore area to improve care transitions for older adults and initiated and implemented multiple projects at her skilled nursing facilities to improve transitions to and from the hospital. Her goal is to keep patients with high-acuity medical conditions in the subacute care and keep them in the community after their discharge, whenever possible, to prevent unnecessary hospital admissions.

In 2012, Dr. Sheikh played a key role in establishing the Johns Hopkins Community Partnership Skilled Nursing Facility Collaborative with other nursing facilities, one of five Johns Hopkins University community health projects funded by the Centers for Medicare & Medicaid Services Innovation Center to improve care of patients transitioning between Johns Hopkins hospitals and skilled nursing facilities.

She has implemented numerous programs to improve quality of care at her facilities, including a discharge navigator program to improve care transitions from nursing facilities to home, better communication between providers and nurses, and assessment of obesity in long-term care setting and its association with increased healthcare utilization, rehospitalizations, and gaps in care transitions.

Her experience in nursing facilities has equipped her with an understanding of the regulatory environment of this setting as well as its uniqueness in respect to the patient population and prevalence of different medical conditions as compared to the hospital or community settings. She hopes to influence current and future students to create a better healthcare model for our geriatric population.

During the pandemic, Dr. Sheikh worked with her FutureCare team and Johns Hopkins Infectious Disease specialist Dr. Morgan Katz to draft policies and guidance for her facilities. She collaborated with hospital systems in the Baltimore area to conduct COVID-19 surveillance testing in her facilities in the early months of the pandemic and sought help from her AMDA colleagues who were at the frontline of management of COVID-19 in their facilities.



OUR VISION

MMDA – The Mid-Atlantic Society for Post-Acute and Long-Term Care Medicine, the regional chapter of AMDA serving Delaware, Maryland, and DC, promotes excellence in health care and improvement in the quality of patients' lives across the long-term care continuum.

OUR MISSION

MMDA – The Mid-Atlantic Society for Post-Acute and Long-Term Care Medicine provides education, advocacy, patient-centered care and professional development for members and the general public.

Annual Business Meeting Agenda

Saturday, Nov. 4, 2023 ~ 12:15 p.m.
Damien Doyle, MD, CMD; President
Presiding

Call to Order – Greetings

Damien Doyle, MD, FAAFP, CMD; President

Minutes of 2022 Annual Business Meeting

Fatima Naqvi, MD, CMD; Secretary

President's Report

Damien Doyle, MD, FAAFP, CMD

AMDA's Executive Director Remarks

Michelle Zinnert, CAE

Committee Reports

Education Committee: Fatima Sheik, MD, CMD

Finance: Elisa Gil-Pires, MD, CMD

Membership: Barbara Resnick, PhD, CRNP

Awards Committee Presentations

Fatima Naqvi, MD, CMD; Chair, Awards Committee

2023 Medical Director of the Year

2023 Clinician of the Year

Michelle Bellantoni, MD, CMD

Chair Nominations Committee

2023 Berman Award

Adjournment

Thank you for attending this year's conference!

****Friendly Reminder****

Deadline to complete evaluations: **Sunday, November 19** by 5 p.m.
 Don't forget to save your certificate to your desktop for future reference.

Minutes of the 2022 Annual Meeting

**Minutes of The Mid-Atlantic Society for Post-Acute and Long-Term Medicine
Annual Business Meeting/Annual Conference-The Hotel at Arundel Preserve, Hanover, MD
Saturday, November 19, 2022**

Attendance: The attendance roster is on file.

Call to Order/ President's Report

Michele Bellantoni, MD, President, convened the annual business meeting during the lunch hour at 12:15 p.m. In her remarks as outgoing president, she thanked the board and committee leadership for their commitment and service to MMDA.

Dr. Bellantoni summarized the activities of the past two years of her presidency. She announced that next year, 2023, MMDA will celebrate its 30th Anniversary.

Award Presentation

Fatima Naqvi, M.D., chair of the awards committee presented the 2022 Clinician of the Year Award to Richard Jacobs, DPM. Dr. Jacobs accepted the award and gave brief comments.

Minutes - November 13, 2021 Meeting (Virtual)

The minutes of the annual business meeting were reviewed in advance by Fatima Naqvi, M.D., Secretary, and included in the conference guide. The minutes were approved as presented.

Committee Reports

Finance - Ravi Passi, MD, Chair/Treasurer

Dr. Passi reported on financial activities, as of October 2022. He noted overall operating expenses are stable, however there was an increase in the administrative fee, and a "change date" fee for the conference. Efforts will be increased to overcome losses in membership dues and non-dues income. All tax and related filings were completed, and no issues were reported.

Membership- Barbara Resnick, PhD, Chair

Dr. Resnick gave an update on membership activities. She encouraged enrollment in the new facility membership offering. Membership information was included in the conference guide and available at the registration desk. All were encouraged to attend the MMDA reception to be held in March during the annual AMDA conference. 30th Anniversary pins will be distributed to all members during the reception and throughout 2023.

Nominating Committee -John Loomer, MD

Dr. Loomer presented the nominating committee's proposed slate for election:

Officers: President- Damien Doyle, MD

Vice-President - Ravi Passi, MD

Secretary- Fatima Naqvi, MD

Treasurer- Elisa Gil-Pires, MD

Directors: Tania Alchalabi, MD

Fatima Sheikh, MD

Stefan David, MD

Victoria Nalls, PhD

Hearing no nominations from the floor, the slate was duly elected. Dr. Bellantoni will serve as Immediate Past President; Dr. Barbara Resnick will continue as a Director, having been duly re-elected during the 2021 business meeting.

President's Remarks

Dr. Doyle expressed his appreciation for the opportunity to serve as president. He invited all to engage with MMDA, as committee members and membership ambassadors.

Adjournment

As there was no additional business to consider, Dr. Bellantoni adjourned the meeting at 1:00 p.m., and the annual conference was re-convened.

Respectfully submitted,

**Fatima Naqvi, MD
Secretary**

2023 Annual Trade Show Sponsors

Erickson Senior Living

HealthDrive Corp.

Omicare

Optum

Otsuka (NUDEXA)

Otsuka (REX-A)

Personalized Health Partners

Personalized Health Partners Telehealth

Pfizer

SmithLife Homecare



Headquartered in Baltimore, MD, **Erickson Senior Living®** is a nation-leading developer and manager of continuing care retirement communities. It is the third largest senior independent living provider in the country and has facilities in 11 states and growing as part of a national network of communities. Our Mission: We help people live better lives. Our Vision: To be the most trusted and respected leader in senior living.

HealthDrive

HealthDrive was founded in 1989 by medical professionals who saw that long-term care facilities needed better healthcare services for their residents. We began assembling the best providers in the medical and dental fields to solve this problem. Since then, HealthDrive has grown our network to over 300 medical and dental professionals who serve over 2,500 facilities across the nation, performing more than 700,000 senior living patient encounters every year.

At HealthDrive, we believe in supporting our providers and partner long-term care facilities by giving them the most advanced technology solutions, effective communication tools, and an invested internal team. We want their focus to be their patients. It takes a village to ensure the best health outcomes of patients, and we think of our village as our family.



Omnicare is a national, leading pharmacy with 40+ years of experience serving assisted living and skilled nursing facilities. Our high-value pharmacy services and clinical offerings are optimized for providers and help you and your staff focus on what matters most: providing quality care. With Omnicare, you can expect a partner who is there for it all. We align our mission with yours to help you grow your business and find innovative solutions to your needs. We take pride in providing excellent customer service, backed by an unmatched level of expertise, at an exceptional value. “



Optum works with skilled nursing facilities to provide an added layer of care for residents in participating health

plans. Our dedicated, locally based advanced clinicians build relationships with residents and families to help navigate their health care, simplify care coordination and partner with SNF staff and providers to support the survey process. This means higher quality of care, reduced costs and improved operational hurdles. Optum has been assisting residents and their caregivers by delivering a care model centered around delivering quality and timely care for over 30 years. Together, let's help make the health care system work better.



Otsuka America Pharmaceutical, Inc. (OAPI, Nudexa) is an innovative healthcare company that commercializes Otsuka-discovered and in-licensed products in the U.S., with a focus on neuroscience, nephrology, and medical devices.



Otsuka America Pharmaceutical, Inc. (OAPI, Rex-A) is an innovative healthcare company that commercializes Otsuka-discovered and in-licensed products in the U.S., with a focus on neuroscience, nephrology, and medical devices.



Personalized Health Partners

Today's medicine, tailored to you.

Personalized Health Partners (PHP) is an advanced medical practice specializing in providing uniquely tailored personalized care that supports patient goals and quality of life through our onsite provider solutions and telehealth services. www.personalizedhealthpartners.com



Personalized Health Partners Telehealth offers the Never Alone tablet and platform that provides virtual audio and video communication at the click of a button to our Personal Care Partners. Patients and family members have peace of mind knowing that emotional, social, spiritual, and physical needs are being met anytime, any day from the comfort of home. www.neveralone.com



SmithLife Homecare is a Maryland and Washington, DC-licensed Residential Services Agency that provides high-quality caregivers at a value-based price. It is a joint project of Charles E. Smith Life Communities and Augustine Home Health Care, two respected care providers. SmithLife Homecare has over four hundred nurse assistants ready to assist with your in-home senior care, medical appointments, and with recovering from complex medical situations. SmithLife Homecare's compassionate nursing aides provide companionship at home, nursing homes, assisted livings, memory care facilities, rehabs, hospitals, and other facilities. The company offers a wide range of supportive services such as senior in-home care, post-hospital support, companion care, and personal care and health support. SmithLife Homecare also provides lifestyle services and transportation to appointments. The caregivers are trained specialists who are committed to their professional development, including ongoing training and certification in Alzheimer's, Parkinson's, stroke, dementia, and hospice support.



Award-winning Home Care Support by SmithLife Homecare

SmithLife Homecare congratulates MMDA on their 30th anniversary!

SmithLife Homecare is a leading provider of in-home care services for seniors in Maryland and Washington, D.C. Our team of experienced and compassionate caregivers provides personalized care that meets the unique needs of each client. Our partnership with the Charles E. Smith Life Communities enables us to provide the highest quality of care at a value-based price.

Personal Care | Lifestyle Care | Post-Hospital Care | & More

- ▶ Our services can help with short-term, long-term and around the clock care.
- ▶ Ask about our short-term discharge packages.
- ▶ All caregivers are trained in Kosher practices.
- ▶ Ask about our easy 1, 2, 3 start of service.

Call us today at (301) 816-5020 for a free consultation or to start your care.
Mention coupon code CESLC2023 to receive your first hour free*!

*Must have a SmithLife Homecare agreement on file and first hour is applied after 30 days of continuous service. Offer expires 12/31/2023

MD License #R1152R | DC License #NSA-0611 | DC License # HSA-0014

SmithLife Homecare | smithlifehomecare.com | 301-816-5020



Personalized Health Partners (PHP) is an advanced medical practice specializing in providing uniquely tailored personalized care that supports patient goals and quality of life through our onsite provider solutions and 24/7 telehealth services.

Our collective goal is to:

- support resident health goals
- improve quality of life
- control costs
- reduce hospital admissions
- manage chronic conditions
- identify acute conditions

CONTACT US TODAY TO LEARN MORE!

SALES INQUIRIES: 833.594.2128

TECH SUPPORT: 833.683.2273

PERSONALIZEDHEALTHPARTNERS.COM



Today's medicine, tailored to you!

The background of the advertisement features a photograph of an elderly woman with short, wavy grey hair, wearing a light green cardigan over a white collared shirt. She is seated and looking towards a younger woman. The younger woman, who appears to be a caregiver, has dark hair pulled back and is wearing blue medical scrubs. She is smiling warmly at the older woman. They are in a bright, indoor setting, possibly a common area in a care facility, with large windows in the background showing a blurred view of the outdoors.

Omnicare®
a  **CVS** Health. company

The Partner for **Long-Term** **Care Facilities**

Specialized pharmacy management
services for every resident.

We know what matters most is providing the best care possible. And with
the suite of pharmacy management services from Omnicare, you can.

Visit Us at **Omnicare.com**



24/7 Personalized Connected Care

Our 24/7 physician-led telehealth service, PHP Telehealth, is there to support after-hours, weekends, holidays and vacations. It's a convenient and cost-effective option to seeing a provider while maintaining high-quality care, no matter where the patient is in the post-acute care continuum.

- 24/7, 365 care via telehealth video access to MDs, NPs and technology support
- Complete assessments to determine if a trip to the physician's office or hospital is necessary
- Fewer readmissions with post-discharge follow-ups from our healthcare providers to ensure recovery is on schedule
- Medication management and prescribing

CONTACT US TODAY TO LEARN MORE!

SALES INQUIRIES: 833.594.2128

TECH SUPPORT: 833.683.2273

PERSONALIZEDHEALTHPARTNERS.COM



Today's medicine, tailored to you!

Learning Objectives

8:35-9:35 am

Session #1 – Literature Review

Pavitri Dwivedi, DO, MPH

Sarah Holmes, PhD, MSW

Sarah Karimi, MD

LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Identify areas in clinical medicine where new strong evidence has been uncovered that may affect geriatric practice.
2. Describe the results of a critical appraisal of this evidence including limitations and pitfalls of published articles.
3. Discuss clinical advances in caring for older adults from a review of recent select peer-reviewed journal articles.

Notes

9:35-10:35 am

Session #2 – Common Legal Pitfalls in PALTC

Janet A. Forero, Esq.

Craig S. Brodsky, Esq.

LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Delineate the elements of medical malpractice.
2. Describe the purpose and essential elements of informed consent.
3. Identify the key legal issues unique to providers of sub-acute and long-term care.
4. Discuss communication tools to avoid patient dissatisfaction and a lawsuit.
5. Prepare documentation that will later assist in defending challenged care in the court room.
6. Identify strategies for dealing with the difficult patient/family.
7. Differentiate crimes from torts and give examples.
8. Identify ways to deal with licensing boards.

Notes

Learning Objectives

11 am-12 pm

Session #3 – Interdisciplinary Intervention in Infection Prevention and Control

Ronald D. Jeffreys, DO, CMD
 Andrea Brauch, RN
 Daryl Hawkins, MSN, RN, CIC

LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Identify the roles of leadership and coordinating a risk prevention plan.
2. Review best practices of the COVID protocols and current updates from CDC.
3. Define the role of the infection preventionist in promoting antibiotic stewardship and monitoring outcomes to reduce antibiotic resistance.
4. Identify current challenges with CRE, MDRO, and Candida Auris and relationship and coordination of care between CCRC leadership and the MDH coordinator.
5. Review current vaccine plan and understand implementation of challenges of a comprehensive plan.

Notes

1:15-2:15 pm

Session #4 – Interdisciplinary Issues in Psychological Care for Patients with Dementia

Nicole J. Brandt, PharmD, MBA, BCGP, FASCP
 Antonio N. Puente, PhD
 Barbara Resnick, PhD, RN, CRNP, FAAN, FAANP

LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Identify challenges involved in management of the psychological issues of patients with dementia.
2. Describe non-pharmacological approaches in management of challenging behaviors associated with dementia.
3. Discuss pharmacological management of challenging behaviors associated with dementia.
4. Discuss role of different disciplines in PALTC in management of psychological issues associated with dementia.

Notes

Session #5 – Long-Term Care Meets Emergency Care

LEARNING OBJECTIVES

1. Describe the importance of transitions of care between post-acute care facilities and the emergency department.
2. Identify challenges in transitions from post-acute care perspective and emergency department perspective.
3. Discuss examples of strategies to improve transitions from post-acute care facility to emergency department.

Notes

[illegible]

Session #6 – Legislative and Regulatory Updates

LEARNING OBJECTIVES

1. Identify regulatory updates on select topics.
2. Recognize key findings related to success of POLST.
3. Identify key aspects of current initiatives to address psychopharmacologic medication use in nursing homes.

LEARNING OBJECTIVES

1. Understand the essential provisions of the Maryland Health Care Decisions Act as it applies to end of life care.
2. Identify the appropriate decision makers and distinguish between health care agents, guardians, and surrogate decision makers regarding their respective scopes of authority as decision makers.
3. Understand what a valid advance directive is and its role in health care decision making at the end of life.
4. Understand the concept of medical ineffectiveness and the related procedural requirements governing its use as a basis for the withholding or withdrawal of life-sustaining treatments.
5. Learn what documentation is required to show authorization for treatments given, withheld, or withdrawn, and how to develop a checklist to ensure that appropriate supporting documentation is in the patient's record.
6. Understand the components of the Maryland Medical Orders for Life-Sustaining Treatment (MOLST) form and how a MOLST form is different than a living will.
7. Explain the purpose of the MOLST order form and the basis for the MOLST form's orders.
8. Explain the meaning of sections 1 through 9 of the MOLST form.
9. Understand the instructions for completing the MOLST form.

Notes

Learning Objectives

4:30-5:30 pm

Session # 7 – Addiction Medicine Challenges in PALTC

Jasleen K. Salwan, MD, MPH

LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Recognize the prevalence of opioid use disorder and the harms associated with underdiagnosis and barriers to care
2. Utilize screening tools and apply DSM-5 criteria to detect opioid use disorder in patients presenting for primary care and/or chronic pain management
3. Implement interventions to reduce harm for patients with opioid use disorder and/or offer low-barrier treatment within primary care
4. Leverage telehealth to reduce barriers to care for patients with opioid use disorder

Notes



Sign Up for a Committee Today!

We invite you to become involved in the leadership of MMDA by volunteering your time to serve on any of our mission-driven committees. Your support and efforts are what propel our organization to continually grow and move forward.

Please join one for more of the following committees for a 1-year term:

Awards Committee – Makes recommendations for MMDA Awards

Education Committee – Plans the annual MMDA conference and other educational programs throughout the year

Finance Committee – Recommends annual budget for adoption by the MMDA Board of Directors and monitors income and expenditures via financial statements

Membership Committee – Recommends policies for recruitment, retention, and reclamation of MMDA members

Join today by visiting our website at
www.midatlanticmda.org.

Thank you for your interest, time,
and commitment to post-acute
and long-term care medicine.



MEMBERSHIP APPLICATION

One (1) Membership Year: January to December

**MMDA –
The Mid-Atlantic
Society for Post-
Acute and Long-
Term Care Medicine,
Inc.**

Maryland
Washington, DC
Delaware
Chapter of AMDA

Name _____ Credential(s) _____

Affiliation _____

Address _____

City, State, ZIP _____

E-mail (REQUIRED) _____

Telephone (office) _____ Fax _____

I have served as a Medical Director for _____ years.

I have served as a clinician in long-term care for _____ years.

☐ **Yes, I would like to Join or Renew MMDA!**

**Membership
Fees:**

General: Physicians, APNs, PAs in practice _____ \$150

Affiliate: Nurses, DONs, DDSs, CNSs, DPMs, and other IDT members _____ \$75

Emeritus: Retired _____ \$40

Students of all disciplines, **Residents**, and **Fellows** _____ \$0

TOTAL AMOUNT ENCLOSED \$ _____

**Payment
Methods:**

PAYMENT OPTIONS:

You may go to the MMDA website at www.midatlanticmda.org and pay using a credit card that will be processed through our Stripe account.

☐ Check enclosed. Please make checks payable to **MMDA**.

☐ Visa ☐ MasterCard ☐ American Express

**Check
Payments:**

**Credit Card
Payments:**

Card Number _____ Exp. Date _____ Security Code _____

ZIP code of billing address _____

Print Name _____
(as it appears on the card)

Signature _____ Date _____

I am interested in working on the following committee(s) – Each are for 1-year terms.

- ☐ Quality Assurance/Patient Care ☐ Education/Program
☐ Finance ☐ Public Policy ☐ Membership

MMDA – The Mid-Atlantic Society for Post-Acute and Long-Term Care Medicine, Inc.
3123 Breakwater Court, West Palm Beach, FL 33411

You may also email this form to mmdawebsite@gmail.com, fax to (561) 689-6324, or mail the check separately. If you have questions regarding membership, please visit www.midatlanticmda.org, email mmdawebsite@gmail.com, or call **Shane Bellotti, Director of Operations**, at (561) 689-6321.



Join Now at <https://midatlanticmda.org/mmda-membership-form/>